



Teachers Resources - Sustainability – Food – Answers and suggestions

Age 7-9 Activity 1 Local versus Global

Ask the children to calculate the distance travelled for the locally produced fruit salad in comparison to the globally produced fruit salad.

Use the food kilometres fact sheet to collect the data and complete the template.

Age 7-9 Activity 2 Global travel

Plot the journey the fruit has travelled on the map template. They should then draw lines from the destination country to the UK.



Age 7-9 Activity 3 Carbon Emissions Discussion

1. How could you reduce your food kilometres at home?

They could use locally produced fruit and vegetables and chose fruit and vegetables that are in season.

2. Where could you grow some of your own food?

At an allotment, in the garden, in a planter. In a pot on a window sill.